


## Elementary Menu Fall 2022

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Students that require special diet accommodations must have documentation signed by a medical provider on file with the School Nutrition Department in order for the nutrition department to support them properly. Please access the nutrition section of the CSD website for the proper paperwork. \*Please do not self-select menu items for students that need special consideration without speaking with Monique Breedlove, Nutrition Supervisor, at mbreedlove@csdecatur.net.

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
  <b>WEEK OF:</b>  <b>AUGUST 29</b> <b>SEPTEMBER 26</b> <b>OCTOBER 17</b> <b>NOVEMBER 7</b> <b>DECEMBER 5</b>	CRUNCHY CHICKEN TENDERS WITH GARLIC TEXAS TOAST  CORN DOGS  PB&J (V)  GRILLED CHEESE SANDWICH (V) <b>(AVAILABLE</b> <b>SEPTEMBER 26)</b>  SEASONED GREEN BEANS	CREAMY CHICKEN ALFREDO WITH GARLIC TEXAS TOAST  FLATBREAD PESTO AND TOMATO PIZZA (V)  YOGURT BOX (V)  STEAMED BROCCOLI	CHICKEN FILET SANDWICH  CHEESE PIZZA (V)  PB&J(V)  TATER TOTS	CHICKEN NACHOS WITH CHEDDAR QUESO  CHEDDAR QUESO NACHOS (V)  BEAN AND CHEESE BURRITOS(V) <b>(AVAILABLE</b> <b>SEPTEMBER 26)</b>  CUMIN SCENTED BLACK BEANS  CHOPPED ROMAINE AND TOMATO CUPS	FISH NUGGETS WITH MAC AND CHEESE  CHEESE PIZZA (V)  PB&J (V)  CARROT DIPPERS
<b>WEEK OF:</b>  <b>SEPTEMBER 6</b> <b>OCTOBER 3</b> <b>OCTOBER 24</b> <b>NOVEMBER 14</b> <b>DECEMBER 12</b>	CHICKEN NUGGETS WITH WHEAT ROLL  MOZZARELLA BREADSTICKS AND ZESTY TOMATO DIPPING SAUCE (V)  PB&J (V)  STEAMED EDAMAME	TERIYAKI GLAZED CHICKEN WITH FRIED RICE  VEGGIE FRIED RICE(V)  CHICKEN CAESAR WRAP  VEGGIE CAESAR WRAP (V)  BUTTERED BROCCOLI	HAMBURGERS  CHEESE BURGERS  TEX MEX SALAD (V)  PB&J (V)  SWEET POTATO FRIES	BEEF NACHOS WITH QUESO BLANCO  QUESO BLANCO NACHOS (V)  BEAN AND CHEESE ENCHILADAS (V)  BEAN AND CORN SALSAS CUPS  CHOPPED ROMAINE	ALL BEEF HOT DOGS  CHEESE PIZZA (V)  PB&J (V)  CRISPY FRENCH FRIES

V- Vegetarian

Each student may select 1 fruit, 1 vegetable, & a low-fat milk to receive a complete meal. \*\*All students may decline any of the items offered including the milk. Assorted fruit is offered at all meals.

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				AND TOMATO CUPS	
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>WEEK OF:</b> <i>September 12</i> <b>OCTOBER 10</b> <b>OCTOBER 31</b> <b>NOVEMBER 28</b> <b>DECEMBER 19</b></p>	POPCORN CHICKEN BITES WITH WHEAT ROLL	SPAGHETTI WITH MEAT SAUCE AND GARLIC TOAST	LOADED BAKED POTATO WITH BEEF CHILI AND FLAKY BISCUIT	CHICKEN SOFT TACOS  CHEESE QUESADILLA(V)	BEEF SLIDERS  CHEESE PIZZA (V)
	BBQ CHICKEN FLATBREAD	MARINARA WITH PASTA AND CHEESE BREADSTICK (V)	LOADED BAKED POTATO WITH VEGGIE CHILI(V), AND FLAKY BISCUIT	DELI TURKEY & CHEESE SUB  YOGURT PACK (V)	PIZZA PACK (V)
	BBQ CHEESE FLATBREAD (V)	RAINBOW VEGGIE SALAD(V)	PB&J(V)	CUMIN SCENTED BLACK BEANS	PB&J (V)
	PB&J (V)	BUTTERED CORN	STEAMED BROCCOLI	CHOPPED ROMAINE AND TOMATO CUPS	CARROT, TOMATO AND CUCUMBER CUPS
	REDSKIN MASHED POTATOES				

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