

# Proposal to Return to In-Person Activity

<b>Submitted by:</b>	Rodney Thomas	<b>Date:</b>	10/28/20
<b>Title:</b>	Ultimate Frisbee Proposal	<b>School:</b>	DHS
<b>Brief title this proposal can be referred to as (try to keep to 5 words or less):</b>			
DHS Ultimate Frisbee Proposal to Begin Practice			
<b>Brief description of what is being proposed (try to keep to under 5 sentences):</b>			
The DHS Ultimate Frisbee Team would like to start practice in October.			
<b>When do you propose beginning this activity in person, why do you propose that date, and what will the impact be if in-person activity is delayed until after that date?</b>			
The Ultimate Frisbee Team would like to start practice before the end of October.			
<b>Describe the population of people who will be returning to in-person activities (students, staff, age levels, grades, programs, teams, etc.):</b>		<b>Approximately how many people in each of those groups will be impacted by this proposal (students, staff, volunteers, etc.):</b>	
Students grades 9-12 Ages 14-18 Coaches		Students 20-25 Coaches- 2 Certified staff 3 Additional Volunteer Coaches	
<b>Describe the <u>benefits</u> of returning to in-person for this activity and the <u>risks</u> of <u>NOT</u> returning to in-person:</b>		<b>Describe the <u>risks</u> of returning to in-person for this activity and the <u>benefits</u> of <u>NOT</u> returning to in-person:</b>	
Resuming Winter extracurricular activities will help the social and emotional well being of our student-athletes. So much has been taken from these students. The resumption of these activities will give them a healthier attitude about school, connect students with additional supporting adult role models, and improve academic performance. The risks of not returning include a negative mindset towards school and the students feeling not valued or appreciated since they will be watching others proceed in their activities while they sit in		The risk of returning is the possible spread of the virus among the team. The benefit of not returning is that our boys basketball team would not have contracted the virus while playing for DHS. However, there is no guarantee our students, the coaching staff or our basketball families will not contract the virus outside of the program. All we can do is mitigate this virus to the best of our abilities.	

the wings. This is a huge burden for our kids to bear.

**Describe in detail the protocols, equipment, and other actions that will be implemented to protect the health and safety of the persons involved in this activity:**

**DHS Ultimate Frisbee Conditioning/Practice Protocol**  
**Winter 2020-21**

Decatur High School Ultimate Frisbee will follow the safety guidelines provided by CSD policy. The guidelines are as follows:

- Coaches and athletes will have their temperature taken prior to each workout, and will sanitize from the elbow down before entering the field. Anyone with a temperature above 100.0 fahrenheit will not be permitted to enter or use facilities. Coaches will administer all temperature checks.
- Athletes will have to complete a short questionnaire related to their health each day (screening). Coaches will keep the forms on file.
- Athletes must bring their own water bottles. Water bottles may be refilled during training sessions. Students should not share water bottles or use water fountains.
- Hand Sanitizer will be plentiful and readily available.
- Students will report to the practice site dressed to condition.
- Social distancing will be adhered to when and where appropriate. Athletes will have individually designated areas for breaks and water.
- Students will wear masks when not participating in anaerobic activity. Coaches and trainers must wear masks.
- Parents and visitors will NOT be allowed at the training sessions.
- Families should communicate with coaches if a student-athlete is not feeling well.
- Team will work out in small groups whenever possible.

**All athletes must have an updated profile on DragonFly with a current physical form and medical information in order to participate.**

**Describe in detail how the above protocols, equipment, and other actions will be monitored to ensure compliance and fidelity of implementation, including who will be responsible for each aspect of monitoring:**

The Ultimate coaches will conduct daily temperature checks as well as monitor the completion of the paperwork. The coaches will also handle the daily spraying of the equipment before, during and after practices. During practice the coaches will make sure social distancing is being observed. The team will also practice in small groups whenever possible. However, with ultimate being a team sport, the players must come together at times to work on plays and concepts. The Athletic and Activities Director or the Assistant Athletic Director will check in on each practice to make sure all protocols are being properly implemented and to help out with anything if necessary. It will be equally important for the coaches to constantly remind the students about the responsibility they have when they leave the gym. They must practice COVID safety at all times or risk bringing the virus to their team, their coaches or to their families.

<p><b>Will this activity be voluntary, compulsory, or socially compulsory?</b> If the answers vary by participant (such as students vs. staff), answer separately for each category of people.</p>	<p><b>What will happen for those normally involved in this activity if they choose not to participate when it returns to in-person?</b> (Answer separately for each category of people if applicable.)</p>
<p>Voluntary</p>	<p>Athletes are free to return to the sport when they feel comfortable without repercussion.</p>

**Describe in detail any interactions this activity will have with others (such as other teams/clubs within the district, other teams/clubs outside the district, etc.), the risks such interactions would introduce, and how those risks will be mitigated.**

The Ultimate Frisbee team will not interact with any other group while they are practicing.

**What other information, not already provided above, needs to be shared with the team evaluating this proposal?**

The Ultimate Frisbee team will practice at Ebster field and or at Legacy Park.

**Proposal Review**

<p><b>Reviewed by CSD COVID Response Team:</b> K. Beam, C. Burnett, S. Brewton, M. Fehrman, L. Huddleston, E. Melton, S. Moore, S. Perez, R. Thomas</p>	<p><b>Status:</b> <input type="checkbox"/> <input checked="" type="checkbox"/> Approved</p>	<p><b>Date:</b> 2020 NOV 3</p>
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