



Title I Presents

Keeping Your Child Engaged In School

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March 18, 2021

Agenda

- Welcome/Sign In
- What Is Student Engagement And Why Is It Important
- Engagement Tips and Strategies
- Questions and Survey

Welcome!!!

You are appreciated! Thank you in advance for your **time, participation, and continued support** in your child's education.

Engagement



Which picture is a better indication of where your child is right now?

What Is Engagement

There is variation in how student engagement is measured, we generally think of engagement as meaningful student involvement in the learning process.

- Behavioral Engagement -- Focuses on participation in academic, social and co-curricular activities
- Emotional Engagement -- Focuses on the extent and nature of positive and negative reactions to teachers, classmates, and school
- Cognitive Engagement -- Focuses on the student's level of interest in learning

Why Is Student Engagement Important

- Engagement is a prerequisite for learning
- Engaged students are more likely to perform better academically
- Engaged students are more likely to persevere while working through challenging problems
- Engaged students are less likely to drop out of school

Declining Student Engagement

- Student engagement declines as students move through upper elementary to middle school
- Student engagement reaches its lowest point in high school
- Some studies estimate that by high school 40 - 60% of students are disengaged

Make Sleep a Priority

Sleep deprivation can affect students in school by causing them to experience:

- Excessive Daytime Sleepiness
- Poor-Decision Making
- Aggression
- Irritability
- Hyperactivity
- Depression and Anxiety

Make Sleep a Priority

The National Sleep Foundation recommends that students age 6-12 get 9-11 hours of sleep per day.

Common Causes of Childhood Sleep Deprivation

- Inconsistent Sleep Schedules
- Excess Use of Electronic Devices
- Sleep Disorders
- Other Health Conditions

One way parents can combat these problems is to set a bedtime!

Provide Reading Support

Reading Impacts Everything!!

- Talk To Your Kids -- A LOT!
- Listen To Your Child Read
- Ask Questions About What Your Child is Reading
- Make Reading A Regular Activity In Your Home
- Promote Writing

Help Improve Your Child's Self Image

- Set an example of having a positive attitude when faced with challenges.
- Let them know you value **effort** rather than **perfection**. Children can miss out on lots because they don't try, because they are too anxious about not 'succeeding'.
- Encourage them to try new challenges, and celebrate them for it. Phrases like "Well done, that was hard, and you managed it," are good. Make the steps small at first, then increase the challenges.
- Help them set goals and make plans for things they'd like to accomplish. Keeping track builds good feelings about each milestone achieved

Create Opportunities To Connect With Peers

- If comfortable, set up outside playdates with masks
- Virtual playdates
- Family game nights and activities (if peer interaction is not an option)
- Virtual book clubs
- Letter Writing
- Neighborhood Scavenger Hunt

Schoolwork Doesn't Have To Be Boring

Home To School Connections

- Family outings to historical places (when we're no longer social distancing)
- Cooking or baking together
- Game nights (monopoly, scrabble, etc.)
- Gardening

Create Incentives

- New, inexpensive items such as stationery, stickers, small toys, etc.
- Being allowed to play with toys and games they already own but which are usually put aside for special times.
- Special privileges such as more time for internet and mobile games, extra TV time, sleepovers, or choosing meals.
- Money in small amounts.
- Activities like swimming, going to the playground, movies, or going out for ice cream.
- Special time with parents such as cooking meals together, baking cookies, getting an extra bedtime story, and one-on-one playtime.

Spice Up Routines

- Cook together (Themed nights: Meatless Monday, Taco Tuesday, etc)
- Watch movies as a family
- Family game night
- Go for a drive with no specific destination
- Take it outside (dinner, activities, do things in a different place than normal)

Lack Of Engagement Can Lead To Procrastination

- Fear of failure
- Frustration
- Dependency
- Lack of organization
- Forgetfulness
- Stress
- Lack of motivation

Title I Survey and Workshop Evaluation

Please take a moment to complete the Title I survey and workshop evaluation.

Thank You For Your Participation!

